## This Expedition We Call Life

Master the Art of Perseverance

### Where are you on this expedition called Life?

## Are you equipped with the right gear for your expedition?

# Are you prepared for the inevitable twists, turns, and setbacks en route to your summit?

Each of us is on our own expedition working toward a summit, be it career, relationship, or finance related. Drawing upon his climbing and adventure racing experience, Daniel presents an "expedition checklist" for success in reaching whatever summit you seek. The climbing metaphor is used to set the stage for a successful summit attempt by sharing such distinctions as: beginning with the end in mind, preparing for your first step, planning your path, and looking forward to failure.

Daniel's presentations include breathtaking images of the peaks he has climbed worldwide, many as Executive Director of Dentists' Climb for a Cause. The images are intended to not only entertain and inspire but, more important, to impart specific skills and systems that attendees may immediately put to use in their practice and life.

### LEARNING OBJECTIVES

Acquire the necessary skill set to prepare for your expedition

Identify goals clearly and define objectives to keep you on your path

Gain tips for following the path of least resistance resulting in greater efficiency and effectiveness

Understand your personality style and its relevance in selecting team members who support your success

Recognize that failure and sacrifice offer valuable opportunities for growth



Daniel atop the Grand Teton

#### Daniel A. "Danny" Bobrow

- Certified Personal Trainer and Health Coach
- Summited tallest peak in North America — *after two attempts over three years*
- Summited tallest peak in the Western Hemisphere — after four attempts over twelve years
- Second oldest person to complete the Frozen Otter 64 mile Ultratrek — becoming one of the Frozen Few — after five attempts over six years
- En Route to reaching all of the "Seven Summits"



**Suggested Format:** Keynote or Dinner Meeting

**Suggested Attendees:** All Dental Audiences





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